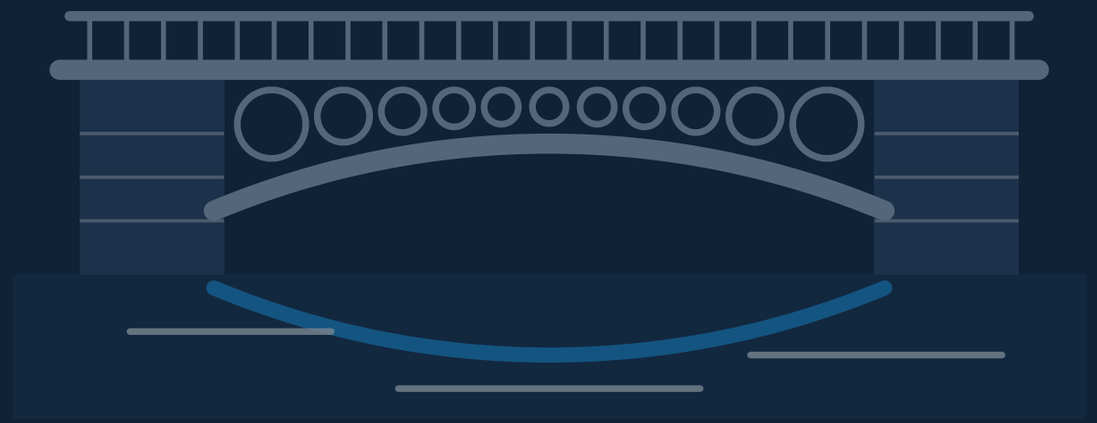
Ouzel
Dental

A concept by adamroe.

Website mockup.



Ouzel Dental, page by page, on a desktop and a phone. Built from the brand guidelines in WordPress block markup, so the approved design carries straight into the theme.

What to approve

The homepage, a treatment page and the booking page, on a desktop and a phone. The other pages carry the same parts.

It moves

The sky follows the visitor’s clock, the first visit plays step by step until a hand goes up, a fee prints like a ticket, and a ring paces a slow breath.

Booking works

In WordPress the form is a plugin: free times from the opening hours, one booking per time, and every booking listed for the practice.

A concept

Ouzel Dental is not a real practice. Facts a real one supplies are in [brackets], NHS charges are real and dated, and every page says so.

7 October 2026 · Version 1.0

Ten pages, plus privacy

01 Home

ouzel.adamroe.co.uk/ · a concept, not a real practice

Desktop, 1440 px

Concept site. Ouzel Dental is not a real practice. Nothing you book here is a real appointment. Designed and built by adamroe.

Ouzel Dental

Treatments Fees Nervous? Team 01632 960284 Book online

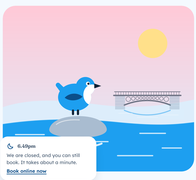
Dentist in Newport Pagnell

Nothing happens until you say so.

NHS and private dentistry for people who have put it off. Book online at any hour, see the price before anything starts, and raise a hand whenever you need to stop.

Book online 01632 960284

NHS and private Book at any hour Raise a hand and we stop



Your first visit

What happens, in order

Five steps, at your pace. Press the hand at any point: it is the same signal you use in the chair.



1. **You arrive, and nobody rushes you** Reception checks your details. If you are early, the waiting room has [WHAT IS IN THE WAITING ROOM].
2. We talk first, sitting up
3. A look, with the light on
4. We explain, you decide
5. Written down before you go

Raise a hand Playing. Raise a hand at any point.

What will it cost?

The price, before you sit down

Pick a treatment. NHS charges are set nationally and printed here; private fees are from-prices, so you know the floor.

NHS Private

- Check-ups and hygiene
- Fillings
- Root canal treatment
- Crowns, bridges and dentures
- Teeth whitening

NHS Band 1

£27.90

Check-up, with X-rays and a scale and polish if you need them

Time in the chair [MINUTES]
Visits One

All about check-ups and hygiene

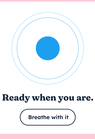
NHS charges in England, from 1 April 2026, as published by the NHS at nhs.uk. Checked 7 October 2026. You pay once for a course of treatment, however many visits it takes.

Nervous?

Raise a hand, and we stop.

Most people who book with us have put it off for a while. Before anything starts we agree a signal, and the moment you use it, everything stops until you say so.

What we do for nervous patients



Ready when you are.

Breathe with it

Treatments

A page for each, in plain words

What it is, what happens, how it feels, how long it takes and what it costs.

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The team

The people you will see

Every clinician is registered with the General Dental Council, and their number is on the team page so you can check it.

[PHOTO] [PHOTO] [PHOTO] [PHOTO]

Dentist **[NAME]** Check-ups, fillings, root canals, crowns and dentures. GDC [NUMBER]

Dentist **[NAME]** Check-ups and fillings, and first visits for nervous patients. GDC [NUMBER]

Hygienist **[NAME]** Cleaning, gum care, and how to keep it that way at home. GDC [NUMBER]

Practice manager **[NAME]** Fees, NHS or private, and anything that went wrong.

Meet the team, and check their registration

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Monday to Friday	8am to 6pm
Saturday	[BY APPOINTMENT]
Sunday	Closed
Booking online	Any hour

Parking [PARKING DETAILS]

Step-free [STEP-FREE ACCESS: YES OR NO, AND HOW]

Book online

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In pain when we are closed? Ring NHS 111, or use 111.nhs.uk. They can book you an urgent dentist.

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Carry on to book

Ouzel Dental

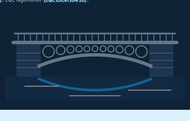
NHS and private dentistry in Newport Pagnell, for people who have put it off. Nothing happens until you say so.

Treatments
Check-ups and hygiene
Fillings
Root canal treatment
Crowns, bridges and dentures
Teeth whitening

The practice
Fees
Nervous patients
The team
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Ouzel Dental

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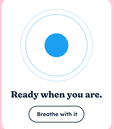
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Root canal treatment The inside of an infected tooth cleaned out, so the tooth can stay. NHS Band 2

Phone, continued

Crowns, bridges and dentures A tooth covered, a gap filled, or a set made to fit. NHS Band 3

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Ouzel Dental

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Treatments
Check-ups and hygiene
Fillings
Root canal treatment
Crowns, bridges and dentures
Teeth whitening

The practice
Fees
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Ring Book online

02 Check-ups and hygiene

ouzel.adamroe.co.uk/check-ups-and-hygiene/ · a concept, not a real practice

Desktop, 1440 px

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Ouzel Dental

Treatments | Fees | Nervous? | Team | 01632 960284 | Book online

Home / Treatments / Check-ups and hygiene

Check-ups and hygiene

A check-up, and a clean

A look at your teeth, gums and the rest of your mouth, then a clean with the hygienist if you want one. The NHS charge covers the check-up, and X-rays and a scale and polish if you need them.

Book online | 01632 960284

NHS Band 1

£27.90

Check-up, with X-rays and a scale and polish if you need them

Time in the chair	[MINUTES]
Visits	One
Private	[FROM £]

Every fee, NHS and private

Check-ups and hygiene

What happens, in order

Press the hand at any point. In the chair, it is the same signal.



1. **We talk first** — Any changes since last time, anything that hurts, anything that worries you.
2. A look round your mouth
3. X-rays, only if needed
4. What we found, in plain words

Raise a hand — Playing. Raise a hand at any point.

How it feels, honestly

Mostly, it does not.

A check-up is a look and a few questions. Most people feel nothing more than the mirror and a little air or water.

A clean can feel scratchy where there is hard build-up, and gums that are not used to it can bleed a little. Say if anything is sharp and the hygienist stops.

2:00 press start

Two minutes, twice a day, with a fluoride toothpaste. Then spit, don't rinse.

Start | Reset

Questions

Check-ups and hygiene questions

- How often should I have a check-up?
- Is the hygienist on the NHS?
- Do I need X-rays every time?
- It has been years. Will you tell me off?

Other treatments

Each with its own page

Booked the same way, priced the same way.

Fillings	Decay taken out and the tooth built back up, with the area numb first.	NHS Band 2
Root canal treatment	The inside of an infected tooth cleaned out, so the tooth can stay.	NHS Band 2
Crowns, bridges and dentures	A tooth covered, a gap filled, or a set made to fit.	NHS Band 3
Teeth whitening	Trays made for you and a gel used at home, after a check-up.	Not on the NHS

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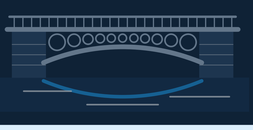
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In pain when we are closed? Ring **NHS 111**.

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Phone, 390 px

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Ouzel Dental

Home / Treatments / Check-ups and hygiene

Check-ups and hygiene

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Time in the chair	[MINUTES]
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Every fee, NHS and private

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Phone, continued

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Ring | Book online

03 Fillings

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Desktop, 1440 px

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Ouzel Dental

Treatments Fees Nervous? Team 01632 960284 Book online

Home / Treatments / Fillings

Fillings

A filling, step by step

The tooth is numbed and checked before anything starts. The decay comes out, the tooth is built back up, and your bite is checked before you go.

Book online 01632 960284

NHS Band 2

£76.60

Fillings, as part of a course of treatment

Time in the chair	[MINUTES]
Visits	Usually one
Private	[FROM £]

Every fee, NHS and private

Fillings

What happens, in order

Press the hand at any point. In the chair, it is the same signal.



1. **Numb first, and checked** — A small injection, then we wait and check the tooth is numb before we start.
2. **The decay taken out**
3. **Filled and shaped**
4. **Your bite checked**

Raise a hand — Playing. Raise a hand at any point.

How it feels, honestly

Pressure, not sharpness.

Once the tooth is numb, most people feel pressure and vibration. The noise is often the worst part, and you are welcome to wear headphones.

If anything feels sharp, raise a hand. We stop, and give more anaesthetic if it needs it.

Questions

Fillings questions

- Will a filling hurt?
- How long does the numbness last?
- White or silver?
- What does it cost?

Other treatments

Each with its own page

Booked the same way, priced the same way.

Check-ups and hygiene	A look at your teeth, gums and mouth, and a clean with the hygienist.	NHS Band 1
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Home / Treatments / Fillings

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Carry on to book

Ouzel Dental

NHS and private dentistry in Newport Pagnell, for people who have put it off. Nothing happens until you say so.

Treatments
Check-ups and hygiene
Fillings
Root canal treatment
Crowns, bridges and dentures
Teeth whitening

The practice
Fees
Nervous patients
The team
Book online
Privacy
Complaints

Visit or ring
01632 960284
Monday to Friday, 8am to 6pm.
Newport Pagnell, Milton Keynes.
In pain when we are closed? Ring NHS 111.

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Ring Book online

04 Root canal treatment

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Ouzel Dental

Treatments | Fees | Nervous? | Team | 01632 960284 | Book online

Home / Treatments / Root canal treatment

Root canal treatment

Saving a tooth, from the inside

When the inside of a tooth is infected, it can be cleaned out and sealed so the tooth can stay. It is done with the tooth numb, often in one visit.

Book online | 01632 960284

NHS Band 2

£76.60

Root canal treatment, as part of a course of treatment

Time in the chair	[MINUTES]
Visits	One or two
Private	[FROM £]

Every fee, NHS and private

Root canal treatment

What happens, in order

Press the hand at any point. In the chair, it is the same signal.



1. **Numb first, and checked** — As with a filling, nothing starts until the tooth is numb.
2. The inside cleaned out
3. The canals filled
4. Sealed, or a crown planned

Raise a hand — Playing. Raise a hand at any point.

How it feels, honestly

Like a long filling.

With the tooth numb, root canal treatment feels much like a filling that takes longer. Your jaw may ache from keeping your mouth open; ask for breaks, and you will get them.

The tooth can be tender for a few days afterwards. We tell you what to take for it.

Questions

Root canal treatment questions

- Why not just take the tooth out?
- How many visits?
- Will I need a crown afterwards?
- What does it cost?

Other treatments

Each with its own page

Booked the same way, priced the same way.

Check-ups and hygiene	A look at your teeth, gums and mouth, and a clean with the hygienist.	NHS Band 1
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Teeth whitening	Trays made for you and a gel used at home, after a check-up.	Not on the NHS

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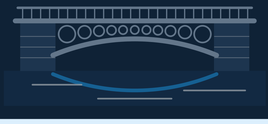
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05 Crowns, bridges and dentures

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Home / Treatments / Crowns, bridges and dentures

Crowns, bridges and dentures

A tooth covered, a gap filled

A crown covers a weak tooth, a bridge fills a gap from the teeth either side, and dentures replace teeth you can take out. Each is made for you, over two visits or more.

Book online 01632 960284

NHS Band 3

£332.10

Crowns, bridges or dentures, as part of a course of treatment

Time in the chair	[MINUTES]
Visits	Two or more
Private	[FROM £]

Every fee, NHS and private

Crowns, bridges and dentures

What happens, in order

Press the hand at any point. In the chair, it is the same signal.



1. **The plan, and the shade** — Which one suits you, the colour matched to your teeth, and the price.
2. A mould or a scan
3. A temporary in between
4. Fitted, and your bite checked

Raise a hand — Playing. Raise a hand at any point.

How it feels, honestly

Two short visits, mostly.

Preparing a tooth for a crown is done with it numb, and feels much like a filling. The fitting visit is usually quicker and needs no numbing.

New dentures take some getting used to. Come back as often as you need for adjustments; that is part of the treatment.

Questions

Crowns, bridges and dentures questions

- What is the difference between a crown and a bridge?
- How long does it take?
- What does it cost?
- Will it look like my own teeth?

Other treatments

Each with its own page

Booked the same way, priced the same way.

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Book online

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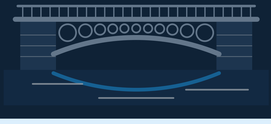
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Every fee, NHS and private

Crowns, bridges and dentures

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Other treatments

Phone, continued

Each with its own page

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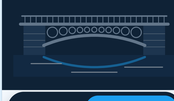
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06 Teeth whitening

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Home / Treatments / Teeth whitening

Teeth whitening

Whiter, done by a dentist

Whitening is dentistry in the UK, so it starts with a check-up. Then trays are made for your teeth and you use the gel at home, for [HOW MANY WEEKS].

Book online | 01632 960284

Not on the NHS

Private only

Whitening is cosmetic, so the NHS does not provide it

Time in the chair	[MINUTES]
Visits	Two, then at home
Private	[FROM £]

Every fee, NHS and private

Teeth whitening

What happens, in order

Press the hand at any point. In the chair, it is the same signal.



1. **A check-up first** — Whitening is only done on healthy teeth and gums.
2. Moulds for your trays
3. Whitening at home
4. A look at the result

Raise a hand — Playing. Raise a hand at any point.

How it feels, honestly

Some sensitivity, for a while.

Teeth can feel sensitive while you are whitening, and the gums can be irritated. It usually settles once you stop. Tell us, and we can slow it down.

Results vary from person to person, and we will not promise a shade.

Questions

Teeth whitening questions

- Who is allowed to whiten teeth?
- Can under-18s have whitening?
- Is it on the NHS?
- Will my fillings and crowns whiten?

Other treatments

Each with its own page

Booked the same way, priced the same way.

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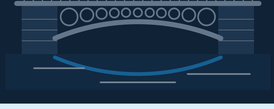
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Home / Treatments / Teeth whitening

Teeth whitening

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07 Nervous patients

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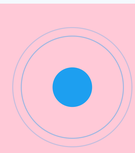
Home / Nervous patients

Nervous patients

Raise a hand, and we stop.

Being frightened of the dentist is common, and it is the reason a lot of people put it off. Here is what we do about it, and what you can do to make it easier.

Book online | 01632 960284



Ready when you are.

Breathe with it

Your first visit

What happens, in order

Try the hand. It is the same signal you use in the chair.



1. **You arrive, and nobody rushes you**
   Reception checks your details. If you are early, the waiting room has [WHAT IS IN THE WAITING ROOM].
2. We talk first, sitting up
3. A look, with the light on
4. We explain, you decide
5. Written down before you go

Raise a hand — Playing. Raise a hand at any point.

What we do

Small things that add up

None of these is special equipment. They are habits, and they are kept every time.

- **A first visit that is just a talk**
  If you want one. Say so when you book.
- **A signal, agreed first**
  A raised hand. When you use it, we stop, and wait.
- **Time, not a rush**
  Longer first appointments: [HOW LONG].
- **Told before, not during**
  What we are about to do, before we do it, every time.
- **Headphones welcome**
  And something to look at on the ceiling.

Questions

Questions about nerves

- Can my first visit be just a talk?
- Do you offer sedation?
- Can I bring someone with me?
- Can I wear headphones?
- What if I cancel because I am scared?

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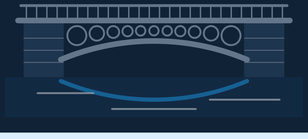
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Home / Nervous patients

Nervous patients

Raise a hand, and we stop.

Being frightened of the dentist is common, and it is the reason a lot of people put it off. Here is what we do about it, and what you can do to make it easier.

Book online

01632 960284

Ready when you are.

Breathe with it

Your first visit

What happens, in order

Try the hand. It is the same signal you use in the chair.



1. **You arrive, and nobody rushes you**
   Reception checks your details. If you are early, the waiting room has [WHAT IS IN THE WAITING ROOM].
2. We talk first, sitting up
3. A look, with the light on
4. We explain, you decide
5. Written down before you go

Raise a hand

Playing. Raise a hand at any point.

What we do

Small things that add up

None of these is special equipment. They are habits, and they are kept every time.

- **A first visit that is just a talk**
  If you want one. Say so when you book.
- **A signal, agreed first**
  A raised hand. When you use it, we stop, and wait.
- **Time, not a rush**
  Longer first appointments: [HOW LONG].
- **Told before, not during**
  What we are about to do, before we do it, every time.
- **Headphones welcome**
  And something to look at on the ceiling.

Phone, continued

Questions

Questions about nerves

- Can my first visit be just a talk?
- Do you offer sedation?
- Can I bring someone with me?
- Can I wear headphones?
- What if I cancel because I am scared?

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- **Nervous is worth saying**
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- **In pain when we are closed?**
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Ouzel Dental

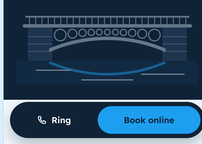
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Treatments
Check-ups and hygiene
Fillings
Root canal treatment
Crowns, bridges and dentures
Teeth whitening

The practice
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Nervous patients
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Ring | Book online

08 Fees

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Ouzel Dental

Treatments | Fees | Nervous? | Team | 01632 960284 | Book online

Home / Fees

Fees

Every fee, on one page

NHS charges are set nationally, so they are the same everywhere in England and they are printed here. Private fees are from-prices: the least a treatment costs, so there are no surprises upward.

Book online | 01632 960284

NHS charges, England		You pay
NHS Band 1	An examination, diagnosis and advice. X-rays, a scale and polish and preventive care if you need them.	£27.90
NHS Band 2	Everything in Band 1, plus fillings, root canal treatment and taking out teeth.	£76.60
NHS Band 3	Everything in Bands 1 and 2, plus crowns, dentures and bridges.	£332.10
NHS Urgent	Urgent treatment, such as pain relief or a temporary filling.	£27.90

NHS charges in England, from 1 April 2026, as published by the NHS at nhs.uk. Checked 7 October 2026. You pay once for a course of treatment, however many visits it takes.

What will it cost?

The price, before you sit down

Pick a treatment. NHS charges are set nationally and printed here; private fees are from-prices, so you know the floor.

NHS | Private

- Check-ups and hygiene
- Fillings
- Root canal treatment
- Crowns, bridges and dentures
- Teeth whitening

NHS Band 1

£27.90

Check-up, with X-rays and a scale and polish if you need them

Time in the chair [MINUTES]

Visits One

All about check-ups and hygiene

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Private fees

From-prices, by treatment

What a treatment costs at least. The exact price is written down for you before anything starts.

Private	Check-up, or a visit to the hygienist	[FROM £]
Private	A filling, with a choice of material	[FROM £]
Private	Root canal treatment, by tooth	[FROM £]
Private	A crown, a bridge or a denture	[FROM £]
Private	Whitening at home, trays included	[FROM £]

Free on the NHS

Who pays nothing

You do not pay for NHS dental treatment in England if:

- you are under 18, or under 19 and in full-time education
- you are pregnant, or have had a baby in the last 12 months
- you get certain benefits, such as income-related Employment and Support Allowance or Pension Credit Guarantee Credit

There are other cases too. The NHS lists them all. Checked 7 October 2026.

NHS or private?

Two questions, two answers

NHS treatment is what you need to keep your mouth healthy, at the national charge. Private treatment can add choice: of material, of time, of cosmetic work the NHS does not cover.

You can have both. We always say which you are getting, and what it costs, first.

Questions

Questions about fees

- Do I pay for each visit?
- Can I mix NHS and private?
- Can I spread the cost?
- Are you taking new NHS patients?

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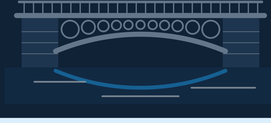
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The people you will see

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Book online | 01632 960284

Check us

Every clinician is registered

Dentists, hygienists and dental nurses must be registered with the General Dental Council to work in the UK. Each one's number is below. You can check it on the GDC's register.

[PHOTO]

Dentist

[NAME]

Check-ups, fillings, root canals, crowns and dentures.

GDC [NUMBER]

[PHOTO]

Dentist

[NAME]

Check-ups and fillings, and first visits for nervous patients.

GDC [NUMBER]

[PHOTO]

Hygienist

[NAME]

Cleaning, gum care, and how to keep it that way at home.

GDC [NUMBER]

[PHOTO]

Practice manager

[NAME]

Fees, NHS or private, and anything that went wrong.

Inspected

The CQC, and complaints

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If something has gone wrong, tell the practice manager, [NAME], in person, by phone or in writing. [HOW LONG A REPLY TAKES]. If you are not happy with the answer, the NHS complaints route or the Dental Complaints Service (for private treatment) can help.

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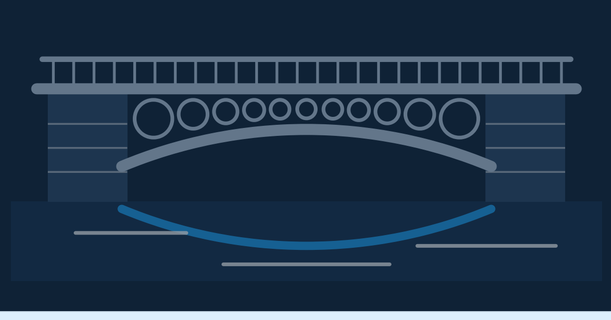
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What is it for?

A check-up | The hygienist | Something hurts or has broken | A whitening consultation

NHS or private?

NHS | Private | Not sure yet

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Your name

A phone number

Email Optional, for a reminder

Been to us before?

No, I am new | Yes

Anything we should know? Optional. Nervous is worth saying

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Book this time

Urgent?

In pain right now?

While we are open
Ring 01632 960284. We keep [HOW MANY] urgent appointments each day.

When we are closed
Ring NHS 111, or use 111.nhs.uk, at any hour. They can book you an urgent dentist.

Go to A&E, or ring 999, if you have:

- a serious injury to your face or jaw
- heavy bleeding from your mouth that will not stop
- severe swelling of your mouth, lips, throat or neck, and you are struggling to breathe or to open one or both eyes
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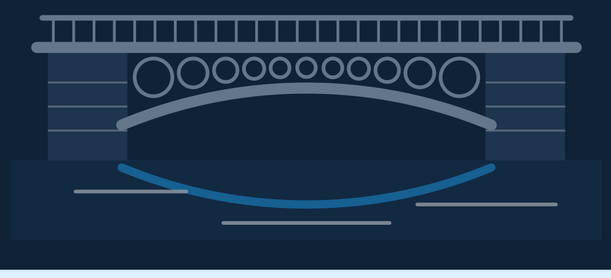
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Booking questions

- Can I book for my children too?
- What if no time suits?
- How do I cancel or change it?

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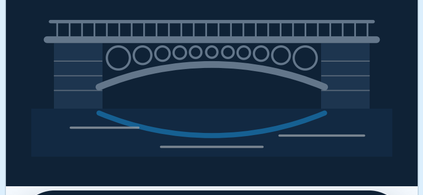
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Why, and on what basis

To make and manage the appointment you asked for. The lawful basis is taking steps at your request before providing care (contract), and anything you tell us about your health in the notes is used only to prepare for the visit, as health care allows.

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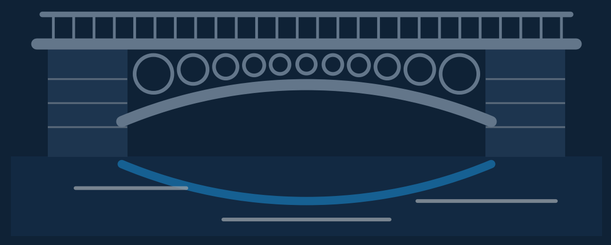
The practice team only. The website is hosted by [HOST], which processes it on our behalf. Nothing is sold or shared for marketing.

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You can ask for a copy of what we hold, ask us to correct it or delete it, or complain to the Information Commissioner's Office. Ask [WHO, AND HOW].

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